

Issue 19: 20th November 2015

Calendar

November

- 20 Years 3-6 Booklist Due
- 24 Last Day for Year10/11
- 25 RSA and Barista Course
- 26 Concert band-EMPAC
- 26 Year 7 Transition Day 1
- 27 Years 7-12 Booklists Due
- 29 Year 8/9 exams
- 30 Year 8/9 Exams

December

- 1 Year 7 Transition Day 2
- 2 Year 7 Information Evening SLC 6pm
- 4 Parents Club Meeting 9am Staffroom
- 7 Asanti African Music visit
- 8 Statewide Transition Day
- 16 Awards Night

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A few words from the Principal.....Zlatko Pear

Welcome to the 2016 Prep families.

On Thursday morning we welcomed our 2016 Prep students to the Myrtleford P12 College community for their first experience of 'big school'. It was the first in a series of visits aimed at making the transition from Pre-school to Prep as smooth and anxiety free as possible.

We are very excited to announce that in 2016 we will have **two stand-alone Prep classes of approximately 13 students each**. These class sizes will provide a great opportunity to build strong relationships and enable the teachers to work closely with every student to tailor an individualised learning program to build on strengths and develop areas of need.



The students were at school for a morning session and were involved in a variety of exciting activities. The feedback from the visit was that everyone had a fantastic morning and the students can't wait to start school next year. The Orientation Program will include another visit next week and conclude with the state-wide Orientation Day on the 8th of December.



Dropping off and picking up students

Local authorities regularly monitor the parking around schools during the morning drop off and afternoon pick up times. People caught dropping off children in restricted zones will be issued with infringement notices. Prince St, along the front of the College is a **Restricted Zone**. Parents are also reminded that the car park off Prince St is not to be used as a pick up or drop off point. Parents can pick up and drop off students legally and safely along Mummery Rd. In order to provide extra parking for parents, staff have been asked not to park on Mummery Rd. Please support the College in keeping our children safe.

YEAR 5/6 CANBERRA TRIP

The Year 5/6 students travelled to Canberra last week. A trip to the nation's capital was exciting, educational and a journey into the home of the Australian Story. The many and varied national attractions in the nation's capital provided stimulating educational programs relevant to all Australian curriculum subjects including Civics and Citizenship, History, Science, Art and Culture.

Over the course of the three days we visited the following attractions:

- The National Capital Exhibit
- The Australian Institute of Sport
- Questacon
- The Australian War Memorial
- The Australian Electoral Commission in Old Parliament House
- Skyzone Indoor Trampoline Complex
- Parliament House

The students were outstanding during the camp and represented themselves and the school wonderfully.

Thank you to Mr Holden, Miss Ashman and Mrs Antonello for giving up time from their families to attend the camp.



PACER Rebate

Students from our school have recently undertaken an education tour of the national capital. Students were given the opportunity to participate in a variety of educational programs with a focus on Australia's history, culture, heritage and democracy.

The Australian Government recognises the importance of all young Australians being able to visit the national capital as part of their Civics and Citizenship education. To assist families in meeting the cost of the excursion the Australian Government contributed \$20 per student under the Parliament and Civics Education Rebate Program towards those costs. The rebate is paid directly to the school upon completion of the excursion.



Parents and Friends Support

The Parents and Friends Club of the school paid \$50 per student to help support students to attend the Canberra Trip. We wish to thank the Parents and Friends Club for their support and generous donation.

By combining the Parents and Friends donation and the PACER Rebate we were able to ensure that the cost of the Canberra Trip was affordable for all parents.

Mr Lindsay

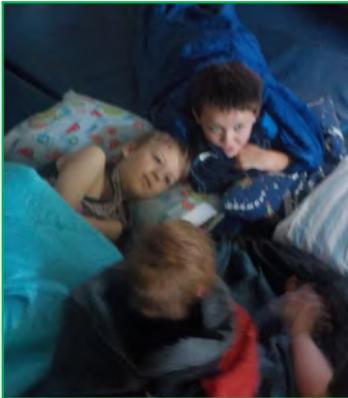


AUSTRALIAN WAR MEMORIAL VISIT

The students arrived at the Australian War Memorial on Remembrance Day, Wednesday 11th. Some students were particularly interested in the opportunity to place poppies on the Roll of Honour Wall in honour of their relatives. A special thanks to Barry Holden for taking the time to assist these students in locating their relatives' name on the Honour Wall and capturing these moments on camera. The students found the experience humbling.



YEAR 2 SLEEPOVER



Last night the Grade 2 students had a sleepover at school. This was to get ready for school camp in Grade 3. Students participated in a variety of activities such as a reflective trail, slip and slide and a movie before bed. The students worked on their organisational skills to keep all things together and get ready for the school day. A big thank you to Mrs Antonello and Mr Lindsay for staying with us.

Miss O'Donohue



Art



With Prep to Year 5 students...



There have been lots of fun projects going on in the Art room this fortnight...

Kerry from Heiner's Bakery has asked our students to paint up a number of cement boards to decorate the playground. Different students will be involved in completing this. We are excited that our artwork will again be on display in the community and look forward to seeing it up in the near future.

Prep students have been learning about different cultures. Last week, we learned about Mexico and completed a cactus picture. We read a story about animals that use the cactus for their home and added some animals to our artwork too. This week, we learnt about Egypt. We viewed images of the pyramids and learned about pharaohs. We then completed a pharaoh drawing too. Prep students have also been experimenting with the Tux Paint program on the computer. (See photos below)

Year 1 and 2 students have been drawing too. Last week, some people finished off their giraffe drawings. These look great with many pinned up in the Prince Street corridor. Other students began to plan designs that we might use on the boards for Heiner's Bakery.

Year 3 and 4 students continued working on perspective drawings. They also created designs that might be used on the boards for the bakery. This week, we will be cleaning the boards and painting on an undercoat.

Year 5 students were busy exploring Canberra last week and missed their art lesson. This week, they will continue to work on their Shaun Tan inspired piece.

Mrs Ladeane Lindsay

Pharaoh Drawings



Experimenting with the Tux Paint Program

Headstart

Year 10 and 11 VCE students and any Year 9 students accelerating into VCE/VET subjects next year are currently part the way through their Headstart Program. This is an important opportunity to confirm subject choices and begin class work for 2016. The Headstart Program concludes on Tuesday 24th November and after this date Year 10 and Year 11 students will no longer be required at school.



Booklists

2016 booklists across Years 8-12 were distributed this week. Any students/families who did not receive a 2016 booklist should contact Jenni Gardner. The Booklists need to be returned by 27th November.

7-12 NEWS



Hospitality Short Courses

On Wednesday 25th November Goulburn Ovens TAFE is delivering Responsible Service of Alcohol (RSA) and Espresso Coffee Workshop short courses at Myrtleford P12 College. The courses are being significantly subsidised and are being offered to Year 12, Year 11 and VCAL students. To deliver the courses at the reduced price we need to ensure there are a minimum of twenty participants in the RSA and ten participants for the Coffee Workshop. While students will be given first option for the courses, we are also prepared to offer the courses to parents. Additional course details can be obtained from the General Office or contact Jenni Gardner on 0428 273 231.

College Captains

For 2016 we are implementing a slightly different process for appointing College Captains. Students in Years 11 and 12 are being invited to apply for the Captain and Vice-Captain roles. Interested students will need to submit a written application and then participate in an interview process. A job description and explanation of the application process is being distributed to all Year 11 and 12 students. Students are encouraged to seek assistance with the application.

.....with Jenni Gardner

Year 6 to Year 7 Transition

This year we will be running three separate Year 6 to Year 7 Transition days. The first two dates are Tuesday 24th November and Tuesday 1st December – these days will focus on identifying the anticipated and actual differences between primary and secondary classes/school and socialisation activities. Tuesday 8th December (the third transition day) is the Statewide Transition Day and on this day the Year 6 students will become Year 7 students for the day and experience a typical Year 7 student program. We will be running an Information/Question and Answer session for parents, carers and students on Wednesday 2nd December at 6.00pm in Science and Language Building.

**Year 7
Information
Evening
Wed 2nd
December
6pm**

MORE YEARS 7-12 NEWS....with Jenni Gardner

Youth Mental Health First Aid

The Alpine Shire has provided an opportunity for secondary school staff across the shire to participate in Youth Mental Health First Aid. A number of Myrtleford P12 College staff are involved and the second part of the program involves Youth Mental Health First Aid training being delivered to students in Years 10 and 11 in 2016.

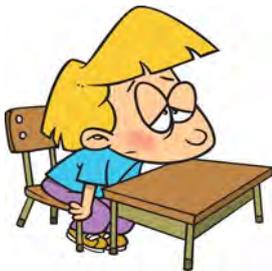


One of the standout topics/discussion points from the first training session was the importance of sleep in maintaining and improving positive mental health. Sleep is very important as it plays a role in the proper functioning of all (physiological, psychological, psychosocial and cognitive) body systems.

There are a few basic ways to try to maximise the chances of young people (anyone) having healthy sleep -

- a dark room (melatonin is a sleep hormone which is released when a person is in the dark) – no television in the bedroom!
- no caffeine prior to bed – this includes coffee and energy drinks (eg. Mother, V, Red Bull) which contain high concentrations of caffeine.
- no screen time (gaming, tablet) prior to bed

Current thoughts are that teenagers need about 9 hours of sleep per night (from Dr Sarah Blunden's Adolescent Sleep Facts Sheet). If young people are having trouble sleeping, it is important that they seek help in resolving whatever is causing the problem.



ASANTI

DANCE THEATRE

African Drum, Dance & Culture

A TASTE OF AFRICA

Feel the rhythm of the drums, explore the raw energy of the dance and be inspired by the culture in this well rounded, educational incursion program.

Students from Prep-Year 9 will be involved in a series of workshops, including dance and drumming, and an afternoon performance.

Parents and family members are welcome to attend the performance beginning at 2.30pm.

Coming to
Myrtleford
P12 College on
Monday 7th



ROCKET LAUNCH IN SCIENCE



The year 7 science class has been looking this term at "Forces." As part of that we have been investigating how unbalanced forces cause objects to accelerate. The class devised an experiment to find out how the thrust of rockets motor causes it to lift, and specifically see how changes to the mass of fuel burnt would affect a rockets flight time. By attaching motors of different sizes to a model rocket we were able to show that the motors with the heaviest fuel load caused the rocket to fly for longer.



Dear Students,

For the last 3 years I have asked you to donate school items for Lacluta in Timor Leste. I am hoping that you will be as generous this year as you have been so far.

When you empty your locker at the end of your year please collect everything which is still usable and take them all to your school office.

Students in Lacluta still have only a couple of small exercise books and a ball-point pen to take to school.

The students are very excited when they receive your;

- pencils
- ball point pens
- rulers
- sharpeners
- erasers
- protractors
- compasses
- calculators



Some of you have also found **exercise books** which are only partly used. You can leave the used pages in these books. Lacluta students are interested to try and understand what you have written.

Donate anything you think might be useful but do notice that we no longer take felt pens. They wear out too quickly.

Thanks, Barbara Broz
Friends of Lacluta

CAN YOU HELP?

Friends of Lacluta looking for Unwanted School supplies

HOMEWORK AND ASSIGNMENT DUE DATES

DUE DATE	SUBJECT	ASSIGNMENT	TEACHER
PREP A/H			
Students are to read their reader and M100W word mat every night. Student diary is to be signed each night to show this has occurred.			NAN/BHO
YEAR 1M			
Reading is to be completed nightly and recorded in the Diary Planner. Practise M100W words.			KLO
YEAR 1W			
Reading 10 mins every night and practise M100W words nightly			WWA
YEAR 2OD			
Reading is to be completed nightly and recorded in the Diary Planner.			KOD
YEAR 3/4C			
15-20min Reading is to be completed nightly and recorded in the Diary Planner. Homework booklet due every Friday			MCO
YEAR 3/4MCK			
Reading is to be completed nightly and recorded in the Diary Planner.			DMC
YEAR 5			
15 minutes reading 5 nights a week. Practice times tables daily. Words their Way Spelling.			SAN
Terribly Posh Tuesday—As per roster below			SAN
YEAR 6			
Ongoing	Reading Homework Spelling	15minutes Reading each night for Literature Circle Complete the English and Maths Sheets Complete the Words their Way sheet with parent signatures	ALI
YEAR 7			
Each Thursday	Maths	Maths Mates Due	MGI
YEAR 8			
Each Thursday	Maths	Maths Mates Due	MGI
YEAR 9			
YEAR 10			
MYCAL			
VCAL			
2016 YEAR 12			
	Psychology	Complete Holiday Homework	NBR

POSH TALKING SCHEDULE— Year 3/4C	
Week and Topic	Students
7 Transport	Jake, Hugo, Cody, Jack, Pas
8 Animals and Pets	Jessica, Matilda, Clancy, James
9 Sports	Cody, Riley, Gen, Ethan, Jake, Reuben

JUNIOR SCHOOL ASSEMBLIES

As always, parents, siblings, relatives and friends of students are welcome to attend our Friday assemblies in the Multipurpose Room at 2.30pm.

Term 4 Friday Assembly Roster			
2	6L & PAH	6	No Assembly
3	5A & 1W	7	3/4M & 2OD
4	No Assembly	8	No Assembly
5	3/4C & 1M	9	N/A

SECOND HAND TEXT BOOK SALES

If you have any used books that you would like included in this sale, please drop them off at the school library with your desired price and details and we will add them to the Sale.

The books will be available to purchase from the library at any time from now until the book lists are to be returned on **27th November**. There is no guarantee your book will sell nor that your required books will be available. Best practice is to regularly look within the sale time. We will not be able to reserve books that are in the sale.

The library is open at 8.30am-4pm every day, excluding recess (10.50-11.10) and the first half of lunchtime (12.45-1.15pm). Cash Sales only.

Please remember:
Years 3-6 Booklist needs to be returned today
Years 7-12 Booklists to be returned by
November 27th.

OTHER COLLEGE NEWS

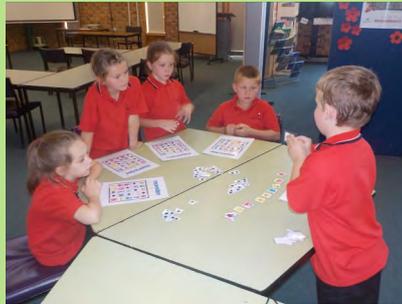
CONGRATULATIONS BRIANNA HINES

Brianna Hines was selected as a finalist for The Border Mail's 'Design an Advertisement' several weeks ago. The winners were announced two weeks ago, and Brianna was awarded Third Place. She won herself \$100. Congratulations Brianna!

3rd Place!

LIBRARY NEWS

This week the library lunchtime activity has been constructing a Monster Bingo Game. Students have been cutting and pasting to make the bingo boards, cards and pieces, and later in the week we had great fun playing their games. The students involved did a great job putting this game together. Well done!



The Monster Bingo Game will be kept in the library for future play at lunchtime.

The jigsaw puzzle was also been popular with all age groups!

Kath Morgan



**Monster
Mayhem!**



TECH TIPS.....With John O'Bryen

The ABC of Keyboard Shortcuts in WORD..

- Ctrl + A Select all contents of the page.
- Ctrl + B Bold highlighted selection.
- Ctrl + C Copy selected text.

PARENTS CLUB NEWS

What exactly did Parents Club get up to throughout 2015?

Fundraising: Mt Buffalo Big Walk, weekly Bingo, Mother's Day and Father's Day stalls, bulbs, wood raffle, pie drive, Demolition Garage Sale and Trivia Night. This raised well over \$12,000!!!
Activities: Weekly Fresh Fruit Friday and school banking, popcorn at swimming, hot chocolate and cookie day, Performance Night supper, morning teas for Prep Orientation and Principal's Day and more helping out around school.

Funded: RDA sponsorship (1 student), donations to World's Greatest Shave, RDA and Myrtleford Hospital (matching SRC fundraising), \$50/student for camps or excursions (Melbourne, Canberra, movie trips and Yr2 sleepover), \$50 towards each Year 12 students' jumper, cups & plates for Tuesday breakfasts, and - soon! - Asanti African dance and drumming incursion. What fun!

A BIG THANK YOU to everyone who helped out at, and donated to or purchased items for these activities. The final Parents Club meeting is 9am on Friday 4 December. Come along to give feedback on how the year went and share your ideas for 2016 planning.

IN THE COMMUNITY



Myrtleford
Swimming
Club Inc

Myrtleford Swimming Club-2015-2016 swimming season

All ages welcome. Competitive and non-competitive swimming.

**Registration Monday 16th November at Myrtleford
Outdoor Pool,
Standish Street, Myrtleford.
5.00pm - 6.45 pm**

For more information please contact,
Club President- Scott Matheson on 0417052825
Club Secretary-Alicia Smith on 0402540444

SKIN CANCER AWARENESS

This week at school we have been raising awareness for the Cancer Council. Because we are a sun smart school, we have been advising the kids to Slip, Slop, Slap, Seek and Slide. Throughout the week the children have heard announcements over the PA system stating what the UV Rating is for the day. The school is wanting to raise student awareness to be safe outside by wearing hats and staying in the shade. Did you know every year, in Australia, between 95-99% of skin cancers are caused by exposure to the sun? Please stay safe when in the sun.

For more information visit: <http://www.cancer.org.au/>

.....with Cherie,
Amy, Brianna and
Charlotte (Year 7)



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Gary & Carolyn Monshing

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